

## Sanctions Guidelines

## **Notes on Use**

The Department of Health's Office of Health Professions Quality Assurance credentials nearly 300,000 health care professionals in 57 professions. Disciplining authorities include boards, commissions, and the Secretary of the Department of Health. Ten governor-appointed boards and 4 governor-appointed commissions regulate 34 professions. Two other boards, one appointed by the governor and one appointed by the Secretary develop rules and credential applicants in 2 professions (denturists and massage therapists), but do not discipline. The Secretary regulates those professions as well as 21 others.

This manual is intended for the use of those involved in disciplinary actions: health law judges, disciplining authority panel members, Department of Health staff, assistant attorneys general, respondents and respondents' representatives. Forms are completed at various steps of the process. *See* HPQA Procedure 254.

The guidelines set out in this manual are designed to determine what action a disciplining authority should take based upon an investigation and what sanction a disciplining authority should impose upon a finding of unprofessional conduct.

Case disposition and sanction decisions are based upon:

- the action needed to protect the public
- the type of conduct

In addition, sanction decisions take into account:

- the severity of the conduct
- and other factors including:
  - o aggravating circumstances
  - o prior disciplinary history, and
  - o mitigating circumstances

The sanction guidelines address:

- A Severity of Conduct
- B Other Factors

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# STATE OF WASHINGTON DEPARTMENT OF HEALTH

Olympia, Washington 98504

## MESSAGE FROM THE SECRETARY

Our work to ensure that patients are safe and health care providers are qualified is incredibly important. Every day in our state, thousands of people visit and receive care from doctors, nurses, and other providers. The public trusts in us to take action and impose sanctions when patients are harmed or laws are violated. Public protection must be our highest priority.

Thanks to the coordinated efforts of Department of Health staff, boards and commissions, and the Office of the Attorney General, I am adopting these sanctioning guidelines for use in the 23 professions overseen by the Secretary of Health. I have strongly encouraged boards and commissions to adopt these guidelines as well. We must ensure that decision makers in disciplinary matters have the history of past complaints and actions so they can make an informed decision on which sanction will best assure public safety.

These guidelines are a framework for discipline. They take into consideration a range of activity within certain types of conduct rather than assigning particular sanctions to each specific violation. The guidelines include a grid, or worksheet, for seven categories of conduct. These categories account for 75 percent of discipline across all health professions. The principles in the severity grids apply to any violation of the Uniform Disciplinary Act (UDA). Staff should use the sanction worksheet to document sanction selections.

Sanctions must be based upon the following principles:

- Protecting the public must carry the most weight in every decision. When a provider's
  unprofessional conduct requires an evaluation or continuing education for safe practice, the
  provider's ability to practice should be restricted until the remedial work has been completed,
  and the disciplinary authority is assured that the provider can practice safely.
- Sanctions imposed for unprofessional conduct must reflect the severity of that conduct
  and the risk to the public. Providers who have engaged in serious misconduct should not
  be allowed to remain in practice through the use of probation, stayed suspensions, and
  continuing education requirements.
- Compliance with the conditions of probation or stayed suspension is essential. A
  provider who has violated the conditions of an order particularly in cases that involve
  serious physical injury or sexual misconduct should be removed from practice, at least until
  compliance is re-established.

- Increased sanctions, including time out of practice, must be used when a practitioner has failed to comply with a prior order.
- Probation must include conditions. Any agreement for probation must focus on the conduct and steps needed to assure public protection.
- Agreed orders must include an acknowledgement of the unprofessional conduct and indicate
  the respondent accepts personal responsibility for his/her behavior.
- When conduct results in multiple violations of the UDA, the sanctions must be greater than the minimum identified for each violation.

Mary C. Selecky, Secretary of Health

Date

### **IDENTIFYING SANCTIONS:**

There are four basic steps to sanction development. At each point, information regarding the specific conduct involved should be kept in mind. At all times, public protection should be first and foremost in selection of a sanction.

In addition, certain types of conduct are given the highest priority. Those are set forth in this manual.

**Step One:** When considering case disposition, the disciplining authority will consider what sanction should be pursued for the conduct involved. As a result, sanctions notes are made at the time a **disposition recommendation** is made, taking into account the **conduct** that constituted unprofessional conduct meriting action.

**Step Three:** The **severity** of the conduct is identified on the grid. To determine severity, refer to Section A. The minimum sanction may not be stayed.

**Step Four:** Other factors are considered. To determine if **aggravating or mitigating circumstances** merit consideration, see Section B. **Prior disciplinary history** should be listed as well. If the minimum sanction is used, mitigating circumstances must be documented in the order. If aggravating circumstances exist, the sanction should approach the maximum sanction. If the circumstances of the case involve both aggravating and mitigating circumstances, the disciplining authority must balance the two and identify its evaluation process in the order.

**Step Five:** Notes identify the **recommended sanction and additional conditions**. Past disciplinary history, as well as aggravating and mitigating circumstances, are used to determine whether the sanction falls toward the minimum or maximum of the sanction range.

Where an order determines that a practitioner's conduct falls within more than one table in Section A, the sanctions imposed must be based on all aspects of the conduct, using the range determined from the applicable tables.

For instance, a respondent may have diverted drugs for his or her own use with no risk of patient harm and apparent plan to distribute.

Example  $1 \sim$  The diversion alone would result in a 2-year suspension. The current use would result in practice conditions. Since both sections were violated, the sanction needs to be the suspension and not practice conditions.

Example  $2 \sim$  The diversion would result in a 2-year suspension. The substance used would warrant a sanction closer to the maximum, so the current use would result in a 2-year suspension. Since both sections were violated, the sanction would be cumulative, totalling 4 years. If the cumulative approach is not used, the order must explain the mitigating factors that justify the sanctions as concurrent.

## **Section A: Severity of Conduct**

Severity of conduct takes into account the specific nature of the conduct, recognizing that some activities are more egregious than others. Severity is analyzed on a spectrum ranging from the least to the greatest. Severity influences the range of the sanction imposed. In addition, multiple violations may fall within two levels on the grid. There is some overlap, as the severity grid represents a spectrum of conduct, from the least to the greatest.

Section B addresses the variety of aggravating and mitigating circumstances. Those circumstances may also influence how the severity of the conduct is evaluated, however. If substantial aggravating circumstances are present, the conduct may be assessed as greater in severity. For example, the conduct of a practitioner who has had prior discipline for sexual misconduct will be considered as more severe than an isolated incident.

SEXUAL MISCONDUCT OR CONTACT AND BOUNDARY VIOLATIONS <sup>1</sup>				
Severity	Tier/ Conduct	Sanction Range		Duration
		Minimum	Maximum	
		Not subject to stay		
Least	$\mathbf{A}$ – Non-threatening,	Reprimand or	Probation or	0-5 years
	unsolicited conduct	conditions	Suspension for 5	
	or physical contact		years.	
	that serves no			
	diagnostic or			
	treatment purpose			
	<b>B</b> – Any personal	Probation or	Suspension for 7	2-7 years
	relationship that	suspension for 2	years or	
	violates professional	years.	revocation.	
	boundaries			
	C –Any sexualized	Probation or	Suspension for 7	2-7 years
	relationship or	suspension for 2	years or	
	contact	years.	revocation.	
	<b>D</b> – Sexual contact	Suspension for	Indefinite	Minimum
	involving, but not	5 years.	suspension or	5 years
	limited to, force,		permanent	
	intimidation, or		revocation	
	multiple victims.			
greatest				
Aggravating Circumstances:			Mitigating Circums	stances
- Other recent or similar conduct			(A-C only):	
- Multiple victims			- Self remediation and cause of	
- Other unprofessional conduct			abusive conduct has been	
- Particular vulnerability of patient/client/victim			resolved	
- Pattern of conduct			- Admission of the conduct and	
- Refusal or failure to acknowledge conduct			taking responsibility	
			Note – consent is not a	mitigating
			circumstance	

 $<sup>^{\</sup>rm 1}$  Refer to rules and HPQA Procedure 211 for related information

	ABU	JSE [physical and em	notional]	
Severity	Tier / Conduct	Sanction Range		Duration
		Minimum Not subject to stay	Maximum	
least	A – Unnecessary or forceful contact or disruptive behavior <sup>2</sup> directed to a client resulting in minimal harm or risk of harm	Reprimand or conditions	Probation or Suspension for 5 years.	0-5 years
	<b>B</b> – Abuse causing mental or physical injury	Probation or suspension for 2 years.	Suspension for 7 years or revocation.	2-7 years
greatest	C – Physical abuse resulting in life threatening injury, physical or mental	Suspension for 5 years.	Indefinite suspension or permanent revocation	Minimum 5 years
Aggravating Circumstances: - Prior history - Other conduct - Concurrent findings of unprofessional conduct			Mitigating Circum - Self-remediation cause of abusive cobeen resolved - Corrective action	and proof that onduct has

 $<sup>^{2}\ \</sup>mathrm{Verbal}$  comments may be considered disruptive behavior.

DIVERSION OF CONTROLLED SUBSTANCES OR LEGEND DRUGS				
Severity	Tier/Conduct	Sanction Range		Duration
		Minimum	Maximum	
		Not subject to stay		
least	<b>A</b> – Diversion	Reprimand or	Probation or	0-5 years
$\wedge$	for self	conditions	Suspension for 5	
	without patient		years.	
$\Delta$	harm			
	<b>B</b> – Diversion	Probation or	Suspension for 7	2-7 years
	creating harm	suspension for 2	years or revocation.	
	or risk of harm	years.		
	or for			
	distribution			
	C – Diversion	Suspension for 5	Indefinite suspension	Minimum 5
	with patient	years.	or permanent	years
	harm or for		revocation	
	substantial			
<b>\</b>	distribution to			
greatest	others			
Aggravating	Circumstances:		Mitigating Circumstar	nces:
- Diversion for profit			- No patient harm or risk of harm	
- Patient harm or risk of harm			- Under influence of legitimate	
- Prior history of discipline for substance abuse or			prescription	
diversion			- Legitimate medical condition	
- Other concurrent findings of unprofessional			- Self-remediation effort or	
conduct			corrective action	
- Work setting			- In treatment and com	pliant
- Extensive diversion for distribution to others,				

including intent to sell - Concurrent substance abuse

	PRA	CTICE BELOW STA	ANDARD	
Severity	erity Tier / Conduct Sanction Range		ion Range	Duration
		Minimum Not subject to stay	Maximum	
least	<b>A</b> – Practice	Reprimand or	Probation or	0-5 years
	below standard	conditions	Suspension for 5	
	with a low risk		years.	
/ \	of patient harm			
/ \	<b>B</b> – Practice	Probation or	Suspension for 7	2-7 years
	below standard	suspension for 2	years or revocation.	
	with patient	years.		
	harm or risk of			
	patient harm			
	C – Practice	Suspension for 5	Indefinite suspension	Minimum
	below standard	years.	or permanent	5 years
	with serious		revocation	
	physical injury			
	or death of a			
	patient or a			
	risk of			
	significant			
	physical injury or death			
\ /	or death			
\ /				
V				
greatest				
Aggravating Circumstances:		Mitigating Circumstar	ices:	
- Number of events			- Outcome not a result of care	
- Actual harm			- Participation in established or	
- Severity of harm			approved remediation or	
- Prior complaints or discipline for similar conduct			rehabilitation program and	
<del>-</del> !			demonstrated competency	

SUBSTANCE ABUSE				
	Tier / Conduct	Sanction Range		Duration of
Severity		Minimum	Maximum	Order
		Not subject to stay		
least	$\mathbf{A}$ – Misuse of	Reprimand or	Probation or	0-5 years
	drugs or	conditions	Suspension for 5	
	alcohol		years.	
	without patient			
	interaction			
	$\mathbf{B}$ – Misuse of	Probation or	Suspension for 7	2-7 years
	drugs or	suspension for 2	years or revocation.	
	alcohol with a	years.		
	risk of patient			
	harm			
	C – Misuse of	Suspension for 5	Indefinite suspension	Minimum 5
	drugs or	years.	or permanent	years
	alcohol with		revocation	
	serious			
	physical injury			
	or death of a			
	patient or a			
	risk of			
V	significant			
greatest	physical injury			
	or death			
Aggravating Circumstances:		Mitigating Circumstances:		
- Number of events			- Self-remediation, incl	
- Illegal substance			participation in impaire	-
- Inappropriate use of prescription drug			program	_
- Unsuccessful / repeated treatment				
- Concurrent diversion violations				

CRIMINAL CONVICTIONS EXCLUDING SEXUAL MISCONDUCT <sup>3</sup>				
Severity	Tier / Conviction	Sanction Range		Duration
		Minimum	Maximum	
		Not subject to stay		
least	<b>A</b> – Conviction of a	Reprimand or	Probation or	0-5 years
	Gross misdemeanor	conditions	Suspension for 5	
	or a Class C Felony,		years.	
	except sexual			
	offenses in RCW			
	9.94A.030 <sup>4</sup>			
	<b>B</b> – Conviction of a	Suspension for	Suspension for 7	2-7 years
	Class B Felony,	2 years.	years or revocation.	
	except sexual offenses in RCW			
	9.94A.030			
	C – Conviction of a	Suspension for	Indefinite	Minimum
	Class A Felony,	5 years.	suspension or	5 years
	except sexual	5 years.	permanent	3 years
	offenses in RCW		revocation	
	9.94A.030		Tevocation	
	3.5 11 1.050			
V				
greatest				
Aggravating Circumstances:		Mitigating Circumst	ances:	
- Violence			- Self remediation focused upon	
- Use of force			the conduct that led to the	
- Use of weapon			conviction	
- Criminal history			- Time since convicti	on

<sup>&</sup>lt;sup>3</sup> Refer to HPQA Procedure 215 for related information. For application cases, HPQA Procedure 215 controls. <sup>4</sup> Conduct related to sex offenses is evaluated under the severity standards for sexual misconduct and contact.

	NONCOMPLIAN	CE	
Severity	Tier / Conduct	Outcome	Duration
least	A – Failure to comply with a technical, non-remedial requirement in a prior order or STID, such as failure to pay cost recovery or a fine	Refer to collections	N/A
	<b>B</b> – Failure to comply with a substantive requirement in a prior order or STID	Motion to suspend	Indefinite until compliance
	C – Failure to comply with a substantive requirement in a prior order or STID with serious physical injury or death of a patient or a risk of significant physical injury or death or with additional unprofessional conduct	Statement of charges with possible summary suspension	Indefinite until compliance or revocation with minimum
greatest	unprofessional conduct		of 5 years
Aggravating Circumstances: - Continued failure to register for available classes - Recurring failure to provide information required by order - Failure to cooperate with compliance officer		Mitigating Circumstances: - Unforeseen financial or health issues	

### **Section B: Other factors**

Other factors impact the sanction to be imposed. The appropriate sanction takes into consideration aggravating and mitigating circumstances, as well as a respondent's prior disciplinary history.

If minimum sanction is used, mitigating circumstances must be documented in the order. If aggravating circumstances exist, the sanction should approach the maximum sanction. If the circumstances of the case involve both aggravating and mitigating circumstances, the disciplining authority must balance the two and identify its evaluation process in the order.

The listed aggravating and mitigating factors are not an exclusive list. The disciplining authority may consider other factors if relevant.

## AGGRAVATING AND MITIGATING CIRCUMSTANCES:

## **Mitigating**

- Timely and good faith efforts to rectify consequences of misconduct
- Interim rehabilitation
- Remoteness of prior offenses
- Self-reported and voluntary admission of violation
- Implementation of remedial measures to mitigate harm or risk of harm
- Rehabilitation potential
- Absence of prior discipline
- Absence of dishonesty or selfish motive
- Isolated incident, not likely to recur
- Remorse
- Absence of adverse impact
- Remoteness of misconduct

## **Aggravating**

- Prior discipline in any jurisdiction
- Dishonesty or selfish motive
- Pattern of misconduct or variety of offenses
- Bad faith, obstruction
- Refusal to acknowledge nature of conduct
- Vulnerability of victim
- Harm to one or more patients
- Severity of patient harm
- One or more violations involving more than one patient
- Economic harm to any individual or entity and severity of such harm
- Increased potential for public harm
- Attempted concealment of violation
- Intentional, premeditated, knowing or grossly negligent act constituting a violation
- Prior similar violation
- Violation of prior disciplinary order
- Willful or reckless misconduct